

# PPG meeting 11.2.2020 - Handouts

## Planning guidance published January 2020

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### Legislation to come in 2020

- NHS Bill
- Embeds NHS Long Term Plan proposals
- ICSs
- Procurement / competition rules
- Formally merge NHS England + NHS Improvement
- NHS Funding Bill, and other health Bills

### The People Plan 'package', including...

- 50,000 WTE nurses
- Maintenance grants / university expansion
- International recruitment: shared service, NHS Visa
- Retention & return to practice
- 6,000 WTE GPs
- 4000 training places
- More time in general practice
- International graduates
- Retention
- 26,000 other primary care professionals

### ICS's and System Planning

**Two core roles** - system transformation and system performance, through

- population health management, service redesign and digitisation.
- capital and estates plans at a system level.

### Primary and Community Services

Overall spending by CCGs on primary medical care, community services and continuing healthcare, should continue to increase

Primary care networks (PCNs) development will need to accelerate through 2020/21.

#### **CCGs will support to**

- Redesign workforce and recruit to new roles
- Improve patient access and waiting times,
- Set up online consultation systems
- Provide information about A&E attendances by the PCN's patient population

#### **In addition PCNs will need to**

- work with community providers (including pharmacies)
- Provide crisis response services, guaranteed two-hour home response appointments

### Mental health

- Additional funding in 2020/21 for community mental health provision for adults and older adults.
- By March 2021, all MH providers should work with their PCNs to organise and deliver services together
- 2020/21 every CCG must increase spend
- Proportion spent on children and young people's mental health should increase

### Learning disabilities and autism

Support for people with learning disabilities and/or autism in the community, rather than in hospital

## **Elective Care**

- On 31 January 2021 waiting lists should be lower than that on 31 January 2020 (ICS Level)
- Financial sanctions if any patient waits longer than 52 weeks.
- In 2020/21, additional choice at 26 weeks

## **Rotherham historically performs strongly in this area**

## **Urgent and emergency care**

Material improvement in A&E performance against a 2019/20 benchmark.

- All to reduce general and acute bed occupancy to a maximum of 92%.
- Providers to increase the number of patients that are seen and treated on the same day, or within 12 hours, to a regionally agreed level.
- By September 2020 all providers to deliver acute frailty services for 70 hours per week.

## **Outpatient transformation**

Planned reduction in unnecessary outpatient activity

- providers income maintained through payments for advice and guidance and uptake of non-face to face consultations.

In 2020/21, video consultations in major outpatient specialties.

## **Cancer**

- Cancer alliances work across the ICS
- Additional funding in 2020/21 to support the roll out of rapid diagnostic centres and the targeted lung health checks programme.
- Details of increased funding for children's hospices and end of life care services will be released in spring 2020.
- 28 day faster diagnosis standard will be challenging

## **Prevention**

**The guidance places significant emphasis on measures to improve population health.**

- Alcohol care teams and smoking cessation support will be expanded in selected sites
- Low-calorie diets will be piloted in ten systems to support people with type 2 diabetes to achieve remission.
- Department of Health and Social Care is considering making flu vaccination mandatory for NHS staff.

## **Climate Change**

- NHS to develop a national de-carbonisation and climate change plan.
- Ending business travel reimbursement for domestic flights within England, Wales and Scotland;
- Purchasing 100% renewable electricity by April 2021;
- Replacing lighting with LED alternatives during routine maintenance

## **Digital**

- During 2020/21, NHSX will set out how technology, security and data standards across the health and care system will work
- Details to come on funding for technology funding will work, including who pays for what.

## **Estates**

- Estates -multi-year capital settlement, including capital to build new hospitals, for mental health and primary care, and to modernise diagnostics and technology.

## Is self harm in older people an issue?

- An increasing awareness of this as an issue
- But there are gaps in the data available, and there may be considerable under-reporting;
- Although self-harm may be lower, more people may actually take their own lives
- self-harm in older adults increased from 3.8% in 2007 to 6.4% in 2014.
- This increase is evident in both men and women, and across age-groups.
- How older people might be impacted differently to younger people;
  - a perceived loss of control as a result of physical or mental illness,
  - having a number of physical health problems
  - living with chronic pain
  - increased loneliness and isolation,
  - decreased quality of life as a result of ageing
  - stigma and shame may be more of an issue to this generation
  - reluctance to seek help
  - the perception that ageing is burdensome to them or others
  - self neglect, including not eating
- Local stats to share if all are comfortable

### So what?

- Thanks for raising this
- We want to raise the profile of this issue,
  - ‘Harmless’ deliver Train the Trainers to front line staff, around self-harm awareness; some of this is to those working with older people, we are looking at the numbers and reach
  - We will look at delivering the awareness training to older peoples groups / carers of older people
  - We are adding this issue to the regular meetings we have with RDASH (Mental health service provider), where we discuss quality
- [https://www.ageuk.org.uk/globalassets/age-uk/documents/reports-and-publications/reports-and-briefings/health--wellbeing/struggling-to-cope/struggling\\_to\\_cope\\_full\\_report\\_2018.pdf](https://www.ageuk.org.uk/globalassets/age-uk/documents/reports-and-publications/reports-and-briefings/health--wellbeing/struggling-to-cope/struggling_to_cope_full_report_2018.pdf)
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- <https://www.manchester.ac.uk/discover/news/older-people-who-self-harm-at-highest-risk-of-suicide-finds-study/>