



Sheffield
ME & Fibromyalgia
Group

If you're living with ME/CFS, Fibromyalgia or Long Covid, we're here to help.

We provide welfare benefits and social care advocacy, as well as a wide range of social and wellbeing activities to make sure that people living with these long term illnesses are not left behind.

In response to the growing awareness of Long Covid, or Post Covid, we are opening up our services to anyone experiencing symptoms like chronic fatigue, brain fog or post-exertional malaise as a result of having Covid-19.

www.sheffieldmegroup.co.uk

For general inquiries, email info@sheffieldmegroup.co.uk
or call 0114 2536700

For benefits help, email benefits@sheffieldmegroup.co.uk